

黄河石林

水墨丹霞地貌

茶卡盐湖

青海湖

门源油菜花

12 Days 10 Nights

甘青奇景.门源油菜花

Beautiful Landscape Of Gansu.

西安.宝鸡.天水.兰州.西宁青海湖.茶卡盐湖.永靖.兰州

Menguan Carola Flowers



当地 4*酒店住宿

甘青美味

吃好料~兰州拉面、手抓羊肉、川菜料理、虫草花炖土鸡、红烧肉、炕锅羊肉、黄河鲤鱼、陕西小吃 陕西小火锅

酒店住宿 (或同级)
 西安4星~智选假日酒店
 天水4星~智选假日酒店 x 2 晚
 兰州4星~陇鑫大酒店 x 2晚
 西宁4星~五四酒店 x3晚
 茶卡4星~锦天世纪酒店
 永靖4星~黄河明珠国际酒店

参考航班

D01: KUL 吉隆坡→西安 XIY D7346 1905-0030+1
 D12: XIY 西安→吉隆坡 KUL D7347 0140-0710

菱信假期

693178A (KPL NO:4294)

YAKIN TERUS HOLIDAY SDN BHD

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Addresses: Level 2-1, Wisma TJB. NO 11, Jalan 9/32 Taman Jinjang Baru, 52000 Kuala Lumpur, Wp Kuala Lumpur.



12 Days
10 Nights

甘青奇景.门源油菜花

Beautiful Landscape Of Gansu.

CODE: CGSU12

西安.宝鸡.天水.兰州.西宁.青海湖.茶卡盐湖.永靖.兰州

第1天 吉隆坡→西安

(-)

集合于吉隆坡国际机场，飞往“西安”。接机后，送往入住酒店休息。

第2天 西安 2h 宝鸡 3h 天水

(早/午/晚)

宝鸡法门寺 (含电瓶车+珍宝馆)：又名“真身宝塔”、始建于东汉末年恒灵年间，距今约有1700多年历史，有“关中塔庙始祖”之称。因供奉佛指舍利而建塔，因塔而成寺。“在重修宝塔时，人们意外地发现了这个塔下的唐代地宫。
天水古城 (观赏夜景)：是一座充满历史韵味和文化底蕴的古城、现存规模较大和保存较完整的明清时期居民院落群。

第3天 天水 4h 兰州

(早/午/晚)

麦积山石窟 (含电瓶车+讲解)：在麦积山石窟中的精美石雕、泥塑像超过了七千尊，因其形神各异且生动活泼，所以麦积山石窟又有“东方塑像馆”的美誉。
兰州市区游：黄河母亲像-水车园-黄河铁桥：畅游兰州市区、观赏黄河流过城市两岸风光~

第4天 兰州 3.5h 西宁

(早/午/晚)

兰州水墨丹霞景区 (含区间车)：由于天气不错，山体色调鲜明，但是颜色不是很浓烈，反而像水墨画一样淡雅，所以景区被命名为“水墨丹霞”。
西宁塔尔寺 (含讲解)：最为著名的藏传佛教寺庙，也是整个青海省藏传佛教中的第一大寺院，更是青海省佛学院的最高学府。
水井巷夜市：走进水井巷夜市餐饮区，热闹的烟火气便扑面而来。烤鱿鱼、关东煮、炒栗子、炸麻团……各种热气腾腾的美食散发着香味，在微风中弥漫。

第5天 西宁 2h 青海湖 2h 茶卡

(早/午/晚)

西宁贵德国家地质公园 (含区间车)：盛开的春花与丹霞地貌、雪山构成一幅美丽的高原春色图。
青海湖二郎剑景区 (含电瓶车) 沙滩上尽情摆拍：又名“海带”，藏族人称之为“海虎”。位于青海湖东南岸，为一狭长的陆地堤带，宽约百步，长约25公里，自南向北没入海中，开头酷似一把长剑。

第6天 茶卡 4h 西宁

(早/午/晚)

茶卡盐湖景区 (含往返小火车) 穿上鞋套走入盐湖+观赏盐雕像：固液并存的卤水湖，镶嵌在雪山草地间，盐湖水域宽广，银波粼粼，蓝天白云、雪山映入湖中，如诗如画。置身于盐的世界，漫步湖面如行走云端之上，水映天、天接地、人在湖间走，宛如画中游，被誉为“中国的天空之镜”~

第7天 西宁 2h 门源 2h 西宁

(早/午/晚)

门源百里油菜花海 (含观花台)：每年7月正是门源高山油菜花盛开的季节、有“中国最美油菜花海”之美誉、油菜花铺展出“金色花海”，天地间融为一幅浓墨重彩的天然画卷。
永安古城+沿途祁连卓尔山草原风光：一座被遗忘的古城、四面土石墙依然可见、沿途穿越卓尔山草原、一路上风景无限、犹如油画里的童话草原世界~

第8天 西宁 3.5h 永靖

(早/午/晚)

永靖刘家峡水库 (含船游)：乘船穿越黄河流域水库、沿途观赏两岸黄土石林风光~
(上岸)炳灵寺石窟景区：开凿在黄河北岸大寺沟的峭壁之上、已有1600多年的历史、由炳灵寺石窟、炳灵石林、炳灵湖三大片区组成。(乘船返回原岸)
黄河与洮江分水岭：可以清楚看到黄河与洮江(清澈的水)的分界线、两条河流汇集的地域~

第9天 永靖 2h 景泰 1h 兰州

(早/午/晚)

景泰黄河石林景区 (含景区巴士+游船+电瓶车)：景区内峡谷蜿蜒，峰林耸立，绝壁凌空，气势磅礴，自然造型多姿传神，以奇、雄、险、古、野、幽见长。石林景观与黄河曲流山水相依，静中有动。
大众巷美食街：是兰州最老的一条美食街，集中了多家在兰州声望很高的老字号，中间地段有最正宗的兰州牛肉面-马子禄牛肉面，此外还有杏皮水、灰豆、油炒凉粉、甜醅、热冬果等~

第10天 兰州 4h 天水

(早/午/晚)

天水拉梢寺 (含区间车)：又名大佛崖。是武山水帘洞石窟群所包括的显圣池、拉梢寺、千佛洞、水帘洞、三清洞5处名胜景观之一。
天水伏羲庙：甘肃省天水伏羲庙又名“太昊宫”，是一座专门祭祀中华民族伟大的人文始祖太昊伏羲氏的明清宗庙建筑群。

第11天 天水 4h 西安-机场

(早/午/晚)

钟鼓楼广场：广场东侧屹立着已有六百多年历史的钟楼，西侧屹立目前所存在中国最大的鼓楼。
大唐不夜城+外观大雁塔：中国唯一一个以盛唐文化为背景的大型仿唐建筑群步行街、晚间灯光绚丽~

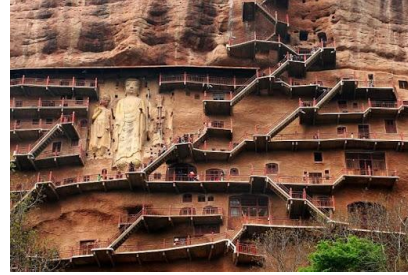
第12天 西安→吉隆坡

(-)

乘搭客机飞返吉隆坡~再会。

酒店以当地星级为准。行程安排仅供参考，以最终航班及酒店确认为准。

团费包含：机票+机场税、飞机餐、来回20kg托运行李、小费、中国免签证
团费不含：旅游保险、吉隆坡机场接送



爰信假期 Yakin Terus Holiday
TEL: 03- 6179 5668

Day01: Kuala Lumpur → Xi'an

(-)

Meet at Kuala Lumpur International Airport for your flight to **Xi'an**. Pick up at the airport and transfer to the hotel.

Day02: Xi'an 2h Baoji 3h Tian Shui

(B/L/D)

Baoji Famen Temple (including battery car + treasure museum): also known as the 'true body pagoda', was built in the last years of the Eastern Han Dynasty Heng Ling years, about 1700 years ago. 'Guanzhong pagoda temple ancestor,' said. The pagoda was built to support the Buddha's finger relics, and the pagoda became a temple. 'When the pagoda was being rebuilt, the Tang Dynasty underground palace under the pagoda was accidentally discovered.

Tian shui Ancient City (night view): is an ancient city full of historical flavor and cultural heritage, the existing larger and more complete preservation of the Ming and Qing Dynasties residential compound group.

Day03: Tian Shui 4h Lanzhou

(B/L/D)

Maijishan Grottoes (including battery car + explanation): In the Maijishan Grottoes, there are more than 7,000 exquisite stone carvings and clay statues, because of their different shapes and lively, so Maijishan Grottoes are also known as the 'Oriental Statue Museum'.

Lanzhou City Tour: Mother Yellow River Statue - Waterwheel Garden - Yellow River Iron Bridge: Enjoy a tour of Lanzhou city and the scenery of the Yellow River flowing through both sides of the city.

Day04: Lanzhou 3.5h Xining

(B/L/D)

Lanzhou Ink Danxia Scenic Spot (with interval car): Due to the good weather, the mountains have a distinctive tone, but the color is not very strong, but like an ink painting, so the scenic spot is named 'Ink Danxia'.

Tai Temple in Xining (with explanation): the most famous Tibetan Buddhist temple, is also the first major temple in Tibetan Buddhism in the whole Qinghai Province, but also the highest school of Buddhism in Qinghai Province.

Shui Jing Alley Night Market: Walking into the dining area of Shui Jing Alley Night Market, the lively fireworks come to you. Roasted squid, Guan Dong Cook, fried chestnuts, fried sesame balls

Day05: Xining 2h Qinghai Lake 2h Chaka City

(B/L/D)

Xining Guide National Geopark (including interval car): blooming spring flowers and Danxia landforms, snow-capped mountains constitute a beautiful plateau spring color map.

Qinghai Lake Erlangjian Scenic Area (including battery car) on the beach to enjoy posing for photos: also known as 'kelp', the Tibetans call 'sea tiger'. Located on the southeast shore of Qinghai Lake, for a narrow strip of land, about 100 paces wide, about 25 kilometers long, from south to north into the sea, the beginning of the beginning of what looks like a long sword.

Day06: Chaka 4h Xining

(B/L/D)

Chaka Salt Lake Scenic Area (including round-trip train) wear shoe covers walk into the salt lake + viewing salt statues: solid-liquid coexistence of brine lake, set in the snowy mountains between the grass, salt lake waters wide, silver sparkling, blue sky, white clouds, snowy mountains into the lake, picturesque. Being in the world of salt, walking on the lake as walking on the clouds, water reflecting the sky, the sky grounded, people walk between the lake, like a painting, known as 'China's sky mirror' ~.

Day07: Xining 2h Men Yuan 2h Xining

(B/L/D)

Menyuan Hundred Mile Rape Flower Field (including flower viewing platform): Every year in July is the Menyuan alpine rape flowers bloom season, 'China's most beautiful sea of rapeseed flowers' reputation, rapeseed flowers paved exhibition 'golden sea', heaven and earth melted into a richly colored natural picture scrolls.

Yong'an Ancient City + Qilian Zhuoer Mountain Grassland Scenery along the way: a forgotten ancient city, four earth and stone walls are still visible, along the way through the Zhuoer Mountain Grassland, along the way the scenery is infinite, like a painting of the fairy tale grassland world~.

Day08: Xining 3.5h Yongjing

(B/L/D)

Yongjing Liujiaxia Reservoir (including boat trip): boat ride through the Yellow River Basin Reservoir, along the way to enjoy the two sides of the loess stone forest scenery~(ashore) **Bingling Temple Grottoes Scenic Spot**: cut in the north bank of the Yellow River on the crags of Dashigou, has a history of more than 1600 years, by the Bingling Temple Grottoes, Bingling Stone Forest, Bingling Lake, three large areas. (Return to the original shore by boat)

Yellow River and Taojiang River Watershed: you can clearly see the demarcation line between the Yellow River and the Tao Jiang River (clear water), the two rivers converge in the region~.

Day09: Yongjing 2h Jingtai 1h Lanzhou

(B/L/D)

Jingtai Yellow River Stone Forest Scenic Spot (including scenic bus + boat + battery car): the scenic area within the winding canyon, peaks and forests towering, the wall over the sky, magnificent, natural modelling of the multi-colored God, with strange, majestic, dangerous, ancient, wild, secluded is long. The stone forest landscape and the Yellow River curved streams of the mountains and water, static in motion.

Popular Lane Food Street: It is the oldest food street in Lanzhou, concentrating a number of old shops with high reputation in Lanzhou, with the most authentic Lanzhou beef noodle-Mazilu Beef Noodle in the middle section, in addition to apricot skin water, grey beans, oil-fried cold noodles, sweet grains, hot winter fruit and so on~.

Day10: Lanzhou 4h Tian Shui

(B/L/D)

Tian Shui Lanzhou Temple (with interval car): also known as Big Buddha Cliff. It is one of the five scenic spots included in the Wushan Shuilian Cave Grottoes, including the Sacred Pond, **Lazhi Temple, Thousand Buddha Cave**, Shuilian Cave, and Sanqing Cave.

Tianshui Fuxi Temple: Tianshui, Gansu Province, Fuxi Temple, also known as 'Taihao Palace', is a special sacrifice to the Chinese nation's great humanities ancestor Taihao Fuxi's Ming and Qing dynasty temple complex.

Day11: Tian Shui 4h Xi'an -Airport

(B/L/D)

Bell and Drum Tower Square: the east side of the square stands the bell tower which has a history of more than 600 years, and the west side of the square stands the largest drum tower that exists in China at present.

Tang dynasty Night City + Big Wild Goose Pagoda: China's only large-scale Tang-like architectural complex with a background of Tang culture, brilliantly lit at night.

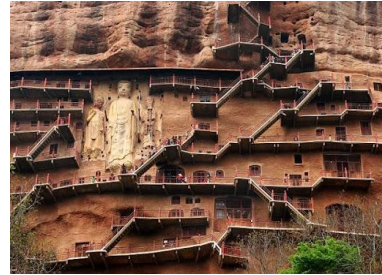
Day12: Xi'an →Kuala Lumpur

(-)

Fly back to Kuala Lumpur ~ See you again.

Hotels are subject to local star rating. Itinerary is for reference only, subject to final flight and hotel confirmation.

Include: Air ticket & Taxes、MOB、Check in luggage 20kg Return、Tipping、China Waive Visa
Exclude: Travel Insurance、KL Airport transfer



百里油菜花
赏绝美门源风光

Menguan Hundred Mile Canola Flower Field



兰州水墨丹霞地貌

Lanzhou Ink Danxia Scenic Spot



茶卡盐湖
Chakka lake



Famen Temple
宝鸡法门寺

天水麦积山石窟
Majishan Grottoes



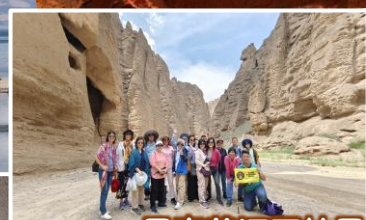
西宁贵德国家地质公园
Guide National Geopark



洮江与黄河分水岭
Yellow & Taojiang River Watershed



青海湖二郎剑景区
Qinghai lake



景泰黄河石林景区
Yellow River Stone Forest



刘家峡水库
Liujiaxia Reservoir



炳灵寺石窟
Bingling Grottoes



麦信假期

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