

Itinerary Status 行程目录

## 太原. 浑源. 大同. 宁武. 忻州

- ~千年晋商古城"平遥古城"
- ~中国四大佛教名山之首,文殊菩萨的道场 "五台山"
- ~整座寺庙建于翠峰山的半山腰上的"悬空寺"
- ~中华五岳之一"北岳恒山"
- ~世界上现存最高大、最古老纯木结构楼阁式建筑"应县木塔"
- ~中国最大的石窟之一"云冈石窟"
- ~中国现存的九条大龙的琉璃影壁"九龙壁"
- ~天然的火山地质博物馆"大同火山群国家地质公园"
- ~长城上的重要关隘"雁门关"有"天下九塞,雁门为首"之说
- ~中国发现最大的冰洞、晶莹剔透的冰雪世界"宁武万年冰洞"
- ~探访悬崖之上的人家"悬空村" 其背倚悬崖、面临深渊。。
- ~中俄万里茶路上的历史文化名城"忻州古城,素有"晋北锁钥"之称

# 汾阳.介休.长治.吉县.灵石

- ~千年文化、汾阳杏花村"汾酒博物馆"
- ~灵石县"红崖峡谷景区"山体纹理清晰,山崖千姿百态
- ~中国历史文化名山之一"介休绵山"悬崖岩洞寺庙之首
- ~中国最大的民居建筑之一"王家大院"
- ~在50米的落差中翻腾倾涌"黄河壶口瀑布"地质奇观
- ~太行第一雄峡"壶关太行山大峡谷八泉峡景区"
- ~太行山深处的千年古村虹霓村、观赏"虹霓瀑布"

## 云冈石窟 大同 大同火山群地质公园 九龙壁 应县木塔 宁武万年冰洞 [] **○** 作门关 悬空村 💡 ○北岳恒山 悬空寺 忻州古城 五台山 柳巷钟楼食品街 汾阳杏花村 汾酒博物馆 平遥古城 红崖大峡谷 介休 王家大院 黄河壶口瀑布 虹霓瀑布 壶关太行山大峡谷 八泉峡景区

## 当地 4\*酒店住宿

酒店住宿(或同级) 太原丽柏酒店酒店×2晚 五台山花卉山庄 大同花鹿酒店×2晚 忻州维也纳国际酒店 平遥古城客栈会馆 长治漫心酒店×2晚 吉县吉州宾馆 介休美豪恰致酒店

#### 美食特色

吃好料~ 山西面食、佛国素斋、 浑源风味、涮肉风味、粗粮宴、 晋商家宴、农家菜、黄河鱼风味、 晋菜风味

## 参考航班

参考航班: 南方航空 (中转广州)
D1: 吉隆坡→广州 CZ 8072 0220-0625
D1: 广州→太原 CZ 3701 0820-1115
D12:太原→广州 CZ 3702 1205-1505
D12: 广州→吉隆坡 CZ365 1735-2150



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#### 第1天 吉隆坡 ナ太原

(午/晚)

集合于吉隆坡国际机场,飞往"太原"。抵达,导游举牌接机后,开始游览太原景点。

游览【<mark>晋祠+小交通】祠内有几十座古建筑,环境幽雅舒适,风景优美秀丽,素以雄伟的建筑群、高超的塑像艺术闻名于世。 前往观赏【豪山大佛+小交通】始建于北齐天保年间,距今已有约1500年的历史,是中国北朝时期体量最大的摩崖大佛以及佛阁。</mark>

#### 第2天 太原 3h 五台山

(早/午/晚)

驱车前往【<mark>五台山</mark>(菩萨顶、显通寺、万佛阁、殊像寺)】又被称为清凉山,是众多朝圣者必到朝圣地之一。此世界闻 名的圣地,以五座平顶峰而著称,也是智慧佛文殊菩萨的<mark>人</mark>间道场。

## 第3天 五台山 4h 大同

(早/午/晚)

前往观赏是世界上现存最高大、最古老纯木结构楼阁式建筑【<mark>应县木塔</mark>】整座塔不用一钉一铆,却能屹立近千年不倒。 游览【<del>悬空寺+</del>登临】原叫"玄空阁",位于山西省大同市浑源县城东南4干米恒山磁窑峡(亦称金龙峡) 翠屏峰西侧, 是儒释道三教合一的寺庙建筑群。游览【北岳恒山+索道】这座横跨塞外的道教圣地,莽莽苍苍,气势雄伟,绝壁上处 处悬挂的庙宇与神仙的传说让这座绝塞名山充满了奇幻的色彩。前往大同、入住酒店。

第4天 大同 (早/午/晚)

游览【云冈石窟+小交通】原名灵岩寺、石佛寺。位于山西省大同市西郊17公里处的武州山南麓,是中国著名的石窟群之一。游览【大同火山群地质公园】是一个集自然景观和地质遗迹于一体的国家地质公园。公园内共有三十多座火山,其中著名的有金山、狼窝山、黑山等。

观赏【九龙壁】是中国现存规模最大,建筑年代最早的一座龙壁

#### 第5天 大同 3.5h 忻州

(早/午/晚)

游览【雁门关+小交通】是长城上的重要关隘,与宁武关、偏关合称为"外三关"

游览【<mark>芦芽山万年冰洞+小交通】冰洞是天然的,形成于距今300多万年的新生代第四季冰川期,是中国发现的最大冰洞。游览【悬空村】这里的房屋都建在峭壁上,街道由许多横木搭建,一头搭在悬崖边,另一头用木头支在下面,看起来就像悬挂在空中,所以该村也被称为"悬空村"。</mark>

前往【<mark>忻州古城</mark>】距今已有1800多年的历史,中俄万里茶路上的历史文化名城,素有"晋北锁钥"之称

## 第6天 忻州 2.5h 平遥古城

(早/午/晚)

驱车前往<mark>平遥</mark>、游览【<mark>平遥古城+古城墙、古县衙、日升昌票号、文庙、明清一条街</mark>+电瓶车】是一座具有2700多年历 史的文化名城,是中国目前保存最为完整的四座古城之一。 精心安排观赏【<mark>又见平遥</mark>】表演。

## 第7天 平遥古城 1h 汾阳 1h 灵石 3h 长治

(早/午/晚)

前往<mark>汾阳、参观【汾酒博物馆</mark>】汾酒文化的载体,它见证了汾酒的六干年文化,见证了汾酒对中华酒文化的影响,亦见证了个华文明与汾酒自身的"恢复与重塑"。前往<mark>灵石</mark>、游览【<mark>王家大院</mark>】有中国民间故宫、山西紫禁城之美誉,始于豆腐作坊的传奇。 明清两朝的三百余年间,王家于中国山西灵石县的静升古镇、是中国最大的民居建筑之一。 驱车前往<mark>长治</mark>、入住酒店。

#### 第8天 长治 3h 八泉峡 2h 平顺 1h 长治

(早/午/晚)

前往游览【<mark>太行山八泉峡</mark>(含往返小交通+单程索道+单程游船+单程电梯+空中巴士)】雄居太行大峡谷中段,被称为 "太行第一雄峡",是西太行大峡谷风景最壮美、内涵最丰富、气势最宏大的景区。

前往<mark>平顺</mark>、游览【<mark>虹霓瀑布</mark>】 虹霓村建于悬崖之上,村口虹霓飞瀑飞流直下,蔚为壮观;而瀑布之下便是虹霓峡,似 万丈不赦之深渊。返回长治,酒店休息。

## 第9天 长治 4.5h 壶口瀑布-吉县

(早/午/晚)

前往游览【<mark>壶口瀑布+小交通】滚滚黄河奔流至此,500余米宽的洪流骤然被两岸所束缚,上宽下窄,在50米的</mark>落差中翻腾倾涌,声势如同在巨大无比的壶中倾出,河口收束狭如壶口,故名"壶口瀑布"。

## 第10天 吉县 3h 介休

(早/午/晚)

前往介体、游览【红崖大峡谷(含小交通+索道)】这片位于山西省灵石县马和乡的神奇土地,以其独特的地貌、丰富的植被和清新的空气而闻名遐迩。

### 第11天 介休 2h 太原

(早/午/晚)

游览【<mark>绵山+大啰宫、云峰寺、水涛沟</mark> (含小交通)】山势陡峭,多悬崖绝壁,苍松翠柏,自然景色非常优美,是省级 风景名胜区。前往<mark>太原</mark>、闲逛于【<mark>柳巷钟楼食品街</mark>】。

#### 第12天 太原+吉隆坡

(早)

送往机场办理登机手续、乘搭客机飞返吉隆坡。

酒店以当地星级为准. 行程安排仅供参考, 以最终航班及酒店确认为准。

团费包含: 机票+机场税、飞机餐、来回20kg托运行李、小费、中国免签证

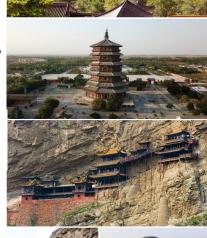
团费不含: 旅游保险、吉隆坡机场接送



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Day01

Kuala Lumpur → Taiyuan

Gather at Kuala Lumpur International Airport and fly to Taiyuan. Upon arrival, we will be met by our guide and start to explore Taiyuan. Visit [Jin Ancestral Temple (inner car)] There are dozens of ancient buildings in the temple, elegant and comfortable environment, beautiful scenery, known for its majestic architectural complex, superb statue art. Go to see [Mengshan Buddha (inner car)] was built in the Northern Qi Dynasty during the Tianbao period, about 1,500 years ago, is the largest volume of cliff Buddha as well as the Buddha Pavilion during the Northern Dynasties period in China.

Day02

Taiyuan 3h Wutaishan

(B/L/D)

Drive to Wutai Mountain (Bodhisattva Peak, Hiantong Temple, Ten Thousand Buddhas Pavilion, Shushu Temple)], also known as Qingliang Mountain, is one of the must-visit pilgrimage sites for many pilgrims. This world-famous holy place is famous for its five flattopped peaks and is also the earthly dojo of Manjushri, the Buddha of Wisdom. Check in Hotel.

Day03

Wutaishan 4h Datong

(B/L/D)

Go to see is the world's tallest existing, the oldest pure wood structure pavilion-style building [Yingxian Wooden Pagoda] the whole tower without a nail and a rivet, but can stand nearly a thousand years not to fall.

Tour [Hanging Temple + climbing] originally called 'Xuankong Pavilion', located in Datong City, Shanxi Province, Hunyuan County, 4 km southeast of the Hengshan Mountain Magnetic Kiln Gorge (also known as the Golden Dragon Gorge) Cuiping Peak west, is the Confucianism, Buddhism and Taoism in one temple complex. Visit [Beiyue Hengshan + ropeway] the Taoist holy land across the Seychelles, mangy and majestic, hanging everywhere on the wall of the temple and the legend of the gods and goddesses make this famous mountain full of fantasy colour. Proceed to **Datong** and check in to the hotel.

Day04

Datong

(B/L/D)

Tour [Yungang Grottoes + small traffic] formerly known as Lingyan Temple, Stone Buddha Temple. Located at the southern foot of Wushu Mountain, 17 kilometres west of Datong City, Shanxi Province, they are one of the famous grottoes in China.

Visit [Datong Volcanic Group Geopark] is a national geological park integrating natural landscape and geological relics. There are more than thirty volcanoes in the park, among which the famous ones are Jinshan, Wolf's Nest and Black Mountain. View the [Nine Dragon Wall] is China's largest surviving, the earliest construction of a dragon wall

Day05

Datong 3.5h Xin Zhou

(B/L/D)

Visit [Yanmen Pass + inner car] is an important pass on the Great Wall, together with Ningwuguan and Yiguan, it is known as the 'outer three passes. Visit [Luya Mountain 10,000 years ice cave + inner car] The ice cave is natural, formed in the fourth quarter of the Cenozoic glacial period more than 3 million years ago, is the largest ice cave found in China.

Visit [Hanging Village] The houses here are built on the cliffs, the streets are built by many horizontal logs, one end of which is built on the edge of the cliffs, and the other end is supported by the logs underneath, which looks like hanging in the air, so the village is also known as the 'Hanging Village' .To [Xinzhou ancient city] has a history of more than 1,800 years ago, China and Russia on the Miles Tea Road historical and cultural city, known as the 'key to the north of the Jin Dynasty'.

Day06

Xin Zhou 2.5h Ancient City of Pingyao

(B/L/D)

Drive to Pingyao and visit [Pingyao Ancient City + Ancient City Wall, Ancient County Yamen government office, Rishengchang Bank, Temple of Literature, Ming and Qing Dynasty Street + Battery Carl, a famous cultural city with a history of more than 2,700 years and one of the four most well-preserved ancient cities in China. Special arranged to watch [The immersive live drama "See Pingyao Again,"] show.

Day07

Pingyao 1h Fenyang county 1h Lingshi 3h Changzhi

Go to Fenyang, visit [Fen Liquor Museum], the carrier of Fen Liquor culture, which witnesses the 6000 years culture of Fen Liquor, the influence of Fen Liquor on Chinese liquor culture, and the 'restoration and remodelling' of Chinese civilization and Fen Liquor itself. Go to Lingshi and visit the Wang Family Residence, which is known as the Forbidden City of Shanxi and the Forbidden City of China, and started as the legend of the tofu workshop. For more than 300 years during the Ming and Qing dynasties, the Wang Family Residence was one of the largest residential buildings in China, located in the Jing Sheng Ancient Town in Lingshi County, Shanxi Province, China. Drive to Changzhi and check in at the hotel.

Day08

Changzhi 3h Eight-spring Gorge 2h Pingshun 1h Changzhi

(B/L/D)

Go to visit | Taihang Mountain Eight Springs Gorge (including round-trip transport + one-way ropeway + one-way cruise + one-way lift + air bus)] majestic in the middle of the Grand Canyon of the Taihang Mountains, known as 'the first male gorge of the Taihang Mountains', is the West Taihang Grand Canyon scenery is the most magnificent, the richest connotation of the most magnificent scenic area. Go to Pingshun and visit Hongni Waterfall Hongni Village is built on a cliff, and the Hongni Waterfall at the entrance of the village is a spectacular waterfall; below the waterfall is the Hongni Gorge, which seems to be an abyss of 10,000 feet of unforgiveness. Return to Changzhi, hotel rest.

Day09

Changzhi 4.5h Hukou Waterfalls-Ji Country

(B/L/D)

Go to visit [Hukou Waterfall + inner car] rolling Yellow River to this, more than 500 metres wide torrent suddenly bound by the banks, on the wide and narrow, in the 50-metre drop in the tumbling pouring, the sound as in the huge incomparable pot pouring out of the mouth of the river to close the bundle of narrow as the mouth of the pot, so the name of the 'Hukou Waterfall'

Ji Country 3h Jiexiu

Go to Jiexiu, visit [Red Cliff Grand Canyon (including small transport + ropeway)] This magical land located in Mahe Township, Lingshi County, Shanxi Province, is famous for its unique landforms, rich vegetation and fresh air.

Day11

Jiexiu 2h Taivuan

Visit [Mianshan + Dalaogong, Yunfeng Temple, Shuitaogou (including inner car)] 1 the mountains are steep, cliffs, pines and cypresses, the natural scenery is very beautiful, is a provincial scenic spot. Go to Taiyuan, stroll in the [Willow Lane Bell Tower Food Street].

Day12

Taiyuan→Kuala Lumpur

(L)

Transfer to the airport for check-in and flight back to Kuala Lumpur.

Hotels are subject to local star rating. Itinerary is for reference only, subject to final flight and hotel confirmation.

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Include: Air ticket & Taxes, MOB, Check in luggage 20kg Return, Tipping, China Waive Visa Exclude: Travel Insurance, KL Airport transfer

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